

HI-LO

HILLSDALE - LAKE OSWEGO REGIONAL TRAIL



To Lake Oswego
5.2 miles

Cross Barbur Blvd, walk over I-5, past Capitol Hill and St Clare schools. Continue south on unimproved 19th Ave to Orchard St. Turn left at Orchard, then right at 17th. The next map will be on your left just before you come to Taylor's Ferry Rd.

To Hillsdale
1.1 miles



Go north down the stairs and continue without turning along 19th Ave to Capitol Hill Rd where you will see the next map. This section of the HI-LO trail connects unimproved streets and improved trails through quiet neighborhoods.

Welcome to the HI-LO Trail

The HI-LO trail is a 6.3-mile walk between Hillsdale and Lake Oswego. You'll encounter forests, restored wetlands, a waterfall, and spectacular views. Parts of the trail pass through residential areas, so be careful when crossing roads. You'll find cafés and eateries along the way.

Things to See Along the Trail



Mount Hood view



Fruit trees



Northern Flicker



Group hike

A Deeper Look

More Info:
www.swtrails.org/hilo4



Bertha Wreck

Southwest Portland's street system did not follow a plan. Instead, it emerged from 150 years of individual land use decisions, with routes established where terrain allowed. The hilly landscape, laced with streams and creeks, posed different challenges to each travel mode—automobile, train, bicycle, wagon, and walking. Although today's roads are dominated by cars, each has distinct characteristics shaped by its original purpose. Bertha Blvd, for example, was originally a train route. Notice its gentle curves near the Fred Meyer on Barbur. In 1920, those curves were the site of a horrific train collision. Scan the QR code above to learn more.

Regional Trail Partners:

